

Victoria County Senior Citizens Association Menu

December 2018

Main Site (7 am - 3 pm)
603 E. Murray Street @ South Navarro
361-576-2189

Satellite Site (8 am – 12:30 pm)
4009 Halsey Street (Off of Crestwood)
361-575-2865

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 Beef Stroganoff Egg Noodles Green Beans Wheat Roll Fruit Salad	4 Chicken Planks Chicken Gravy Red Beans and Rice Green Salad Salad Dressing Wheat Bread Orange Gelatin	5 Beef Pot Roast Brown Gravy New Potatoes Carrots Wheat Bread Brownie	6 King Ranch Chicken Pinto Beans Tortilla Chips Green Salad Salad Dressing Mexican Bread Pudding	7 Chicken Fajita Whole Kernel Corn Baked Squash Cucumber & Tomato Salad Mandarin Oranges	1/8
9	10 Smoked Sausage & Sauerkraut Creamed Corn Green Salad Salad Dressing Wheat Roll Spice Cake	11 Smothered Chicken Breast Rotini Pasta Broccoli Wheat Roll Fruit Salad	12 <i>Annual Christmas Luncheon</i> Roast Beef & Gravy Mashed Potatoes Corn Rolls Pie	13 Salisbury Steak with Gravy Whipped Potatoes Roasted Carrots Wheat Bread Fruit	14 Crispy Catfish Hushpuppies Cocktail Sauce Coleslaw Black Eyed Peas Brownie	15
16	17 Baked Ham Candied Sweet Potatoes Spinach Casserole Green Salad Salad Dressing Wheat Roll Carrot Cake	18 Mild Chili Con Carne Chop Onion & Cheddar Garnish White Rice Okra & Tomatoes Orange Cherry Gelatin	19 Garlic Stuffed Chicken Potatoes Au Gratin Green Salad Salad Dressing Wheat Roll Oatmeal Cookie	20 Beef Stew With Potatoes & Carrots Broccoli & Raisin Salad Cornbread Apple Cobbler	21 Pasta Alfredo Fettuccini Pasta Oven-Roasted Zucchini Green Salad Salad Dressing Garlic Bread Sliced Peach & Blueberry Cup	22
23	24 Closed Christmas Eve	25 Closed Christmas Day	26 Chicken Vegetable Soup Baked Sweet Potato Wheat Roll Fruit Cherry Crisp	27 Hamburger on Bun Cheese Slice Lettuce, Tomato & Pickles Potato Salad Carrot/Celery Sticks Applesauce Cake	28 Arroz con Pollo (Chicken with Rice) Pinto Beans Stir-Fry Vegetables Corn Tortilla Vanilla Pudding	29
30	31 Spaghetti & Meat Sauce Parmesan Cheese Zucchini Green Salad Salad Dressing Toasted Garlic Bread Fruit					Menu by: Stephanie Whitley, RDN, LD

Low Fat Milk offered w/each meal.

Everyone 60 and older is welcome (\$3.00 suggested donation). 59 and under: \$7.25

Lunch is served at 11 am.

victoriaseniorcitizens.org