

Victoria County Senior Citizens Association Menu

May 2018

Main Site (7 am - 3 pm)
603 E. Murray Street @ South Navarro
361-576-2189

Satellite Site (8 am – 12:30 pm)
4009 Halsey Street (Off of Crestwood)
361-575-2865

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Beef Tips Herbed Orzo Baked Spinach Green Salad Reduced Calorie Salad Dressing Chocolate Pudding	2 BBQ Pulled Pork on Wheat Bun Baked Beans Sliced Onion & Pickles Cabbage Slaw Banana Pudding	3 Braised Beef Brisket Broccoli & Rice Casserole Butter Corn Cookies	4 Beef Burrito & Chili Salsa Pinto Beans Spanish Rice Fruit Cups	5
6	7 Ground Beef and Spanish Rice Fiesta Corn Flour Tortilla Chocolate Cake	8 Turkey Sandwich on Wheat Vegetable Soup Lettuce Leaf Chips Fruit	9 Tater Tot Casserole Capri Mix Vegetable Macaroni Salad Roll Rice Krispy Treat	10 Meatloaf with Gravy Whipped Potatoes Green Beans Roll Mandarin Orange & Pineapple	11 Hawaiian Chicken Rice Butter Pea Green Pea Hawaiian Roll Cake	12
13	14 Tuna on Croissant Macaroni Salad Cucumber & Tomato Slice Fruit	15 Chicken Ratatouille Buttered Rotini Roll Bread Pudding	16 Chopped Beef Steak Mushroom Gravy Whipped Potatoes Green Beans Slice Peach	17 Crispy Baked Pork Chop Roasted Potatoes Zucchini & Tomatoes Broccoli & Raisin Salad Roll Brownie	18 Chicken Parmesan Green Beans Garlic Bread Gingerbread Square	19
20	21 BBQ Sausage Baked Beans Sautéed Cabbage Potato Salad Bread Pear Halves	22 Turkey Tetrazzini Mix Vegetable Green Salad Garlic Bread Peaches & Cream	23 Hamburger on Bun Sautéed Onion & Mushrooms Lettuce, Tomato & Pickles Corn Salad Spice Cake	24 Fried Chicken Legs Green Beans Roll Banana pudding	25 Spaghetti & Meat Sauce Zucchini Garlic Bread Fruited Gelatin	26
27	28 Memorial Day (Both Center Closed)	29 Oriental Turkey Salad Wrap Potato Chips Fruit Salad Tomato Wedges	30 Tamale Pie Pinto Beans Fiesta Corn Apple Cookies	31 Chicken Fried Steak Butter Beans Green Peas Roll Fruit Cup		Menu by: Stephanie Whitley, RDN, LD

Low Fat Milk offered w/each meal. We do not add Salt when cooking.

Everyone 60 and older is welcome (\$3.00 requested donation). 59 and under: \$7.25

Lunch is served at 11 am.

victoriaseniorcitizens.org