

Victoria County Senior Citizens Association Menu

April 2018

Main Site (7 am - 3 pm)
603 E. Murray Street @ South Navarro
361-576-2189

Satellite Site (8 am – 12:30 pm)
4009 Halsey Street (Off of Crestwood)
361-575-2865

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Chicken & Sausage Gumbo Rice Biscuit Fruit Salad	3 Chicken Fried Steak Candied Sweet Potatoes Spinach Casserole Roll Sliced Peaches	4 Tater Tot Casserole Capri Mix Vegetable Roll Chocolate Cake	5 Beef Tips White Rice Green Peas Wheat Bread Brownie	6 Meatloaf Brown Gravy Whipped Potatoes Carrots Wheat Roll Cake	
8	9 Beef Stroganoff Egg Noodles Green Beans Wheat Roll Fruit	10 Chicken Planks Chicken Gravy Red Beans and Rice Green Salad Reduced Calorie Salad Dressing Biscuit Orange Gelatin	11 Beef Pot Roast Brown Gravy New Potatoes Carrots Wheat Bread Sliced Peaches	12 King Ranch Chicken Pinto Beans Tortilla Chips Mandarin Oranges Mexican Bread Pudding	13 Braised Flank Steak Whole Kernel Corn Baked Squash Cucumber & Tomato Salad Banana Pudding with Wafers	14
15	16 Smoked Sausage Sauerkraut Corn Wheat Bread Cookies	17 Marinated Beef Roasted Vegetable Sliced Tomatoes Fruit Salad	18 Smothered Chicken Breast Rotini Pasta Broccoli Wheat Roll Chocolate Mousse & Whip Topping	19 Salisbury Steak with Gravy Whipped Potatoes Carrots Wheat Bread Orange	20 Meals on Wheels Menu: Arroz con Pollo (Chicken with Rice) Pinto Beans Corn Flour Tortilla Vanilla Pudding	21
22	23 Chicken Cacciatore Whipped Potatoes Chicken Gravy Green Beans Biscuit Fruit	24 Mild Chili Con Carne Chop Onion & Cheddar Garnish White Rice Okra & Tomatoes Chips Cake	25 Garlic Stuffed Chicken Potatoes Au Gratin Green Salad Reduced Calorie Salad Dressing Oatmeal Cookie	26 Beef Stew With Potatoes & Carrots Broccoli & Raisin Salad Cornbread Apple Cobbler	27 Seafood Alfredo Fettuccini Pasta Oven-Roasted Zucchini Green Salad Reduced Calorie Salad Dressing Garlic Bread Strawberries & Banana	28
29	30 Tuna On Croissant Coleslaw Fruit					

Our activities are open to anyone 60 and older

victoriaseniorcitizens.org