

**Victoria County Senior Citizens Association Menu**

# February 2018

Main Site (7 am - 3 pm)  
603 E. Murray Street @ South Navarro  
361-576-2189

Satellite Site (8 am – 12:30 pm)  
4009 Halsey Street (Off of Crestwood)  
361-575-2865

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				<b>Beef Stew</b> With Potatoes & Carrots White Rice Cornbread Apple Cobbler	<b>Chicken Alfredo</b> <b>Fettucine Pasta</b> Green Beans Salad Salad Dressing Garlic Bread Slice Peaches & Blueberry Cup	
4	5	6	7	8	9	10
	<b>Chicken Vegetable Soup</b> Baked Sweet Potato Saltine Crackers Cherry Crisp	<b>Roast Pork with Brown Gravy</b> New Potatoes Carrots Wheat Bread Banana Pudding	<b>Soft Beef Taco</b> Flour Tortilla Pinto Beans Lettuce & Tomato Salsa Pineapple Upside Down Cake	<b>Beef &amp; Pasta Casserole</b> Broccoli Wheat Roll Strawberry Pudding Parfait	<b>Tuna Salad</b> Saltine Crackers Coleslaw Mix Fruit	
11	12	13	14	15	16	17
	<b>Spaghetti &amp; Meat Sauce</b> Parmesan Cheese Zucchini & Tomato Salad Salad Dressing Garlic Bread Apricots	<b>Roasted Parmesan Chicken</b> Broccoli & Rice Casserole Mashed Potatoes Cookie	<b>Chicken Drumstick</b> Cornbread Stuffing Corn Wheat Roll Strawberry Cake	<b>Pork Chop</b> Brown Gravy Whipped Potatoes Green Beans Wheat Roll Rice Krispies Treat Bar	<b>Baked Catfish</b> Okra & Tomato Macaroni & Cheese Wheat Bread Peach Crisp	
18	19	20	21	22	23	24
	<b>Beef Tips</b> White Rice Peas Wheat Bread Brownie	<b>Baked Ham</b> Sweet Potatoes Spinach Casserole Wheat Roll Peach Slices	<b>BBQ Sandwich on Bun</b> Roasted Potatoes Carrots Butter Corn Chocolate Chip	<b>Chicken &amp; Sausage Gumbo</b> Rice Biscuit Fruit Salad	<b>Meatloaf Brown Gravy</b> Whipped Potatoes	
25	26	27	28			
	<b>Beef Stroganoff</b> Egg Noodles Green Beans Wheat Bread Brownie	<b>Chicken Planks</b> Chicken Gravy Red Beans & Rice Salad Salad Dressing Wheat Bread Orange Gelatin	<b>Beef Pot Roast</b> Brown Gravy New Potatoes Carrots Wheat Bread Sliced Peaches			
						Menu by: Stephanie Whitley, RDN, LD

Low Fat Milk offered w/each meal. We do not add Salt when cooking.

Everyone 60 and older is welcome (\$3.00 suggested donation). 59 and under: \$7.25

Lunch is served at 11 am.

victoriaseniorcitizens.org