

Victoria County Senior Citizens Association Menu

January 2018

Main Site (7 am - 3 pm)
603 E. Murray Street @ South Navarro
361-576-2189

Satellite Site (8 am - 12:30 pm)
4009 Halsey Street (Off of Crestwood)
361-575-2865

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Closed Happy New Year 2018!	2 Salisbury Steak with Gravy Broccoli & Rice Casserole Mixed Vegetables Wheat Bread Fruit	3 Chicken Drumstick Cornbread Stuffing Broccoli Wheat Roll Chocolate Cake	4 Roasted Pork Brown Gravy Whipped Potatoes Seasoned Spinach Wheat Bread Rice Krispies Treat Bar	5 Catfish Okra & Tomato Macaroni & Cheese Wheat Bread Peach Crisp	6
7	8 Beef Tips White Rice Sautéed Sugar Peas Wheat Bread Brownie	9 Baked Ham Sweet Potatoes Capri Mix Wheat Roll Peach Slices	10 Beef Pot Roast Brown Gravy New Potatoes Carrots Wheat Bread Fruit Cup	11 Chicken & Sausage Gumbo Rice Biscuit Fruit Salad	12 Chicken Drumstick Tater Tots Coleslaw Peach Cobbler	13
14	15 Beef Stroganoff Egg Noodles Green Beans Wheat Bread Brownie	16 Chicken Strips Gravy Red Beans & Rice Green Salad Wheat Bread Orange Gelatin	17 Beef Pattie Brown Gravy New Potatoes Carrots Wheat Bread Sliced Peaches	18 King Ranch Chicken Pinto Beans Tortilla Chips Mandarin Oranges Mexican Bread Pudding	19 Chicken Fried Steak Corn Cucumber & Tomato Salad Banana Pudding with Wafers	20
21	22 Smoked Sausage & Sauerkraut Creamed Corn Green Salad Dressing Wheat Roll Spice Cake	23 Hamburger Lettuce, Tomatoes, & Onions French Fries Fruit Salad	24 Smothered Chicken Breast Rotini Pasta Broccoli Wheat Roll Chocolate Mousse & Whip Topping	25 Salisbury Steak with Gravy Whipped Potatoes Buttered Carrots Wheat Bread Orange	26 Arroz con Pollo (Chicken with Rice) Pinto Beans Corn Flour Tortilla Vanilla Pudding	27
28	29 Chicken Breast Gravy Whipped Potatoes Chicken Gravy Green Beans Biscuit Banana Pudding	30 Mild Chili Con Carne Chop Onion & Cheddar Garnish White Rice Okra & Tomatoes Corn Chips Brownie	31 Garlic Stuffed Chicken Potatoes Au Gratin Green Salad Salad Dressing Oatmeal Cookie			Menu by: Stephanie Whitley, RDN, LD

Low Fat Milk offered w/each meal. We do not add Salt when cooking.

Lunch is served at 11

am.

Everyone 60 and older is welcome (\$3.00 suggested donation). 59 and under: \$7.25

victoriaseniorcitizens.org